

**Summer Term** 

14th June 2024

# news etter

#### At Thakeham we CARE

#### In this Issue

Welcome

Super Learning Heroes

**Attendance Figures** 

School Life

Dates for Your Diary

**Local Adverts** 

#### Welcome

Dear All,

Our Summer Fayre on Thursday 4<sup>th</sup> July is drawing closer but it cannot run without the help of volunteers. If you can help with set up or pack down, then please let the office know ASAP. Funds raised via FoTS from this event and others go towards subsidising school trips, classroom resources, special treats for the children etc. so please support us! ©

Summer Fayre raffle tickets will soon be available to buy and we have some wonderful prizes waiting to be won!

Our next Mufti Day (in exchange for cakes for our Summer Fayre) is on Thursday 4<sup>th</sup> July.

FoTS will be selling ice creams every Friday at pick up so please remember to bring your spare change ©

There are many events and summer camps taking place over the holidays so please check in our Local Adverts section below for more information.

On warm, sunny days, please ensure your child has had sun cream applied before they come to school and that they have a hat and water bottle.

Best wishes from the Thakeham Family.

If there has been any change to when you gave consent for the school to administer school kept medicine i.e. adverse reactions to paracetamol/antihistamine, please notify the School Office ASAP.

Email us at: office@thakehamps.co.uk
Call us on: 01903 740176



#### At Thakeham we CARE

#### Who Are We Celebrating This Fortnight?

Positive, Persevering Perry Co-operative Caring Chloe

Headteacher Award Reflective, Reviewing Rowan Curious, Questioning Cleo











Harley (Marley)

Matilda (Wonder)

Daisy (Beatles) RJ (Beatles) Amelie (Marley) Edward (Wonder)

#### **Attendance Figures**

Thank you for your support in helping our pupils to see the value in each and every day at school. We track attendance because only a little missed can have a huge long-term impact on a child's progress. **Our target is 97%.** Current attendance percentages for the new academic year to date are:

Beatles Class: 97% Wonder Class: 97% Marley Class: 96% Franklin Class: 96%

#### **Our School Values**

CARE - COURAGE - AMBITION - RESPECT - ENJOYMENT

These are the values that drive our school. They feed into how we learn, how we act with one another, how we teach, how we handle our pastoral elements; so much of what we do! So, it is important we remember them. Our Super Learning Heroes relate directly to these and are how we make our values child friendly. They all come under our new, 'Thakeham Way'.



Email us at: office@thakehamps.co.uk

Call us on: 01903 740176

#### At Thakeham we CARE

## **School Life**

Some of the exciting activities some of our pupils have experienced over the last few weeks!

#### **Beatles class visit to Pulborough Brooks**

As part of their topic Mighty Mini Beasts, the children enjoyed pond-dipping, log rolling, tree shaking and hunting for mini beasts!













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#### At Thakeham we CARE

# **Dates for Your Diary**

- Thursday 4<sup>th</sup> July Mufti Day in exchange for cakes for Summer Fayre
- Thursday 4<sup>th</sup> July Summer Fayre (3:15-4:30pm)
- Friday 5<sup>th</sup> July Sports Day
- Friday 12<sup>th</sup> July Back up Sports Day (in case of bad weather on the 5<sup>th</sup>)
- Friday 19<sup>th</sup> July Last day of term
- Monday 22<sup>nd</sup> July Inset Day
- Tuesday 23<sup>rd</sup> July Inset Day
- Wednesday 4<sup>th</sup> September Return to school

#### Inset Days 2024/2025

Monday 2<sup>nd</sup> September 2024 Tuesday 3<sup>rd</sup> September 2024 Monday 24<sup>th</sup> February 2025 Monday 21<sup>st</sup> July 2025 Tuesday 22<sup>nd</sup> July 2025



Email us at: office@thakehamps.co.uk

Call us on: 01903 740176





We have been listening to feedback from schools and parents, and we are very pleased to be able to share with you the brand new website link for Chartwells West Sussex:

Web: West Sussex | Chartwells

Scan me:



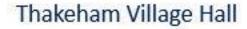
Parents can find all the links on here including, the menu, theme day menus, ParentPay guides (an FAQ will be added shortly), and of course, Chartwells' direct contact details.





## Strength and Motion Fitness Classes







Yoga 1245-1355

Gentle Weights 1400-1455

Relaxation 1500-1530

Tuesdays

Yogalates 1030-1130

Thursdays

Pilates 0920-1015

Pilates 1020-1115 (term time only)

Fridays

Yoga 700-800

Thakeham Primary School

Mondays

Yogalates 1800-1900

Laurie Apted Building Southwater

Fridays

Pilates 1100-1200

For more details contact Sarah

Tel: 07878 366950 Email: sarahpasby@btinternet.com









# THAKEHAM ROCKS

Saturday 29 June 2024 4:30pm 'til late The Playing Field Abingworth

FREE

# LIVEMUSIC

KP & THE FLATLINE BAND
MOORE THAN A FEELING
VOYAGER - THE JUKEBOX 6
GJ's ROCKSCHOOL

Food Stalls ♦ Bar ♦ Bouncy Castles

PIZZERIA – BURGERS & HOT DOGS – SPUD SHACK ICE CREAMS – FACE PAINTING

Follow us on Facebook & Instagram @ThakehamEvents for latest event info.

Event kindly sponsored by

















# PREMIER HOLIDAY







SCAN HERE FOR MORE INFORMATION

or visit premier-education.com/holiday-camps/HAF



Based on over 20,000 reviews

#### YOUR NEAREST HOLIDAY CAMPS

Sompting Village Primary

Monday 29th July - Friday 30th August

Chanctonbury Leisure Centre

Monday 29th July - Thursday 22nd August West Park Primary

Wednesday 24th July - Friday 30th August

Wisborough Green Primary

Monday 29th July - Thursday 22nd August

\*Ages 5 - 11

Sion Senior School

Monday 29th July - Thursday 22nd August

Seymour Primary

Monday 29th July - Thursday 22nd August

£24.95 per day

Angmering Senior School

Monday 29th July - Thursday 22nd August

St Joephs Primary

Monday 5th August - Friday 22nd August

\*All HAF venues and eligable HAF bookings can be made via https://haf.bookinglab.co.uk/westsussex/37147/login

Our 5\* Holiday Camps are the perfect place to keep your kids entertained over the summer holidays.

And with the HAF programme, your children can attend sessions free of charge. Each session includes healthy food and enriching activities.

Every day is different, with a mix of fun activities that children may not have tried before - from dodgeball to cricket, basketball to archery.

Book now for a summer full of fun!

# PLEASE

Plenty of water Suitable clothing Loads of energy!





SCAN HERE FOR MORE INFORMATION

or visit premier-education.com/holiday-camps/HAF







Staying Healthy

Illness

**Feelings** 

Getting Help

A fun and interactive resource for learning about health



Games

### Parents and Carers!

As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing



www.healthforkids.co.uk



Follow us: O scftwestsussexschoolnurses



Text your School Nurse team for confidential advice and support:

07312 277011

Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. Texts will only be seen Monday to Friday from 9 am - 4.30 pm (excluding bank holidays and weekends) If you need help before you hear back from us, please contact your GP, nearest walk-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking' mobile apps). To opt-out of receiving messages from a healthcare professional, please text 'STOP' to our number. Messages are charged at your usual rates.

# JHITSUN

#### YOUR NEAREST HOLIDAY CAMPS

West Park

5 - 11 Years

Sompting Village

Tuesday 28th May Friday 31st May £24.95 Per day

Tuesday 28th May Friday 31st May £24.95 Per day

5 - 11 Years

8:30 dropoff -

8:30 dropoff -4pm pick up

# PREMIER HOLIDAY CAMPS



INSPIRING ACTIVITY



Our 5\* Holiday Camps are the perfect place to keep your kids entertained over the Whitsun half-term.

Children can meet new friends, have lots of fun. and create wonderful memories!

Every day is different, with a mix of fun activities that children may not have tried before - from dodgeball to cricket, basketball to archery.

Book now for a half-term full of fun!

#### CAMPS ARE BETTER WITH FRIENDS!



TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!

#### PLEASE BRING

A packed lunch Plenty of water Suitable clothing Loads of energy!







SCAN HERE FOR IORE INFORMATION



Windlesham House School Holiday Camp (Pulborough)

# **Pied Piper Activities** holiday camps at Windlesham House

Embark on an exciting journey with Pied Piper multiactivity camps, the ultimate experience for children aged 4 to 12 during their Easter and Summer holidays!

Providing fantastic OFSTED registered childcare with over 60 different activities for children to take part in, you will have complete peace of mind knowing that your children are not only having a great time but are safe and cared for too.

Our camps are safe, friendly, and secure, ensuring your child's adventure unfolds in a nurturing environment. Our handpicked staff are carefully selected for their fun-loving, caring, enthusiastic and committed nature and their ability to deliver the Pied Piper difference throughout your child's week at camp.

Join Pied Piper at Windlesham House School, where joy knows no bounds, and every moment is a chance to create wonderful childhood memories that last a lifetime!







Contact us:

E: teamyellow@piedpiperactivities.co.uk

W: piedpiperactivities.co.uk

Follow us on:







1919

# WEST CHILTINGTON VILLAGE SHOW

2024

Celebrating our Community
Saturday 13th July 12.00pm - 5.00pm

Recreation Ground, West Chiltington

ALL THE FUN OF THE VILLAGE SHOW

Supporting 3 charities:
ABC Animal Sanctuary, Family Support Work,
Mary How Trust as well as smaller groups

Good food and drinks with a difference!



Over 40 craft stalls

Competitions: Handicrafts, Photography, Painting, Produce



Dog Show: 9 classes, choose as many as your dog likes!

Garage: vintage cars on show

Raffle Prizes: great prizes, including tours of vineyards, a massage, theatre tickets

Fun games for children

Balloon Modelling, Punch & Judy, Family Magic Show



... and much, much more

Everyone welcome - Free entry





We have availability in our current Term Time lessons on Sundays.

And bookings are open for our, Summer Intensive 5-day Course Monday 29th - Friday 2nd August

Penguins Swimming Lessons is an experienced and dedicated team, passionate about nurturing swimmers of all ages and abilities.

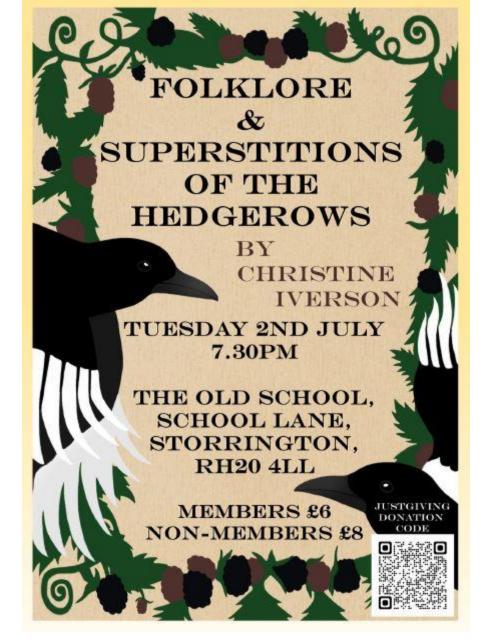
Over the last 30 years, we are proud to have helped thousands of swimmers gain a skill for life.

To enquire or book your spot on a course with us please email Office Penguin; <u>info@penguinswimlessons.co.uk</u>

We look forward to hearing from you @

www.penguinswimlessons.co.uk





#### FOLKLORE AND SUPERSTITIONS OF THE HEDGEROWS by CHRISTINE IVERSON

Christine Iverson discovered a love of all things hedgerow after moving to a Sussex Downland village in 2001. This fascination led to volunteering as an apothecary at the Weald and Downland Living Museum where she taught school children about medieval and Tudor medicine. Keen to learn more, she became a regular contributor to her local parish magazine sharing the folklore and superstitions of hedgerow plants with her local community. She runs regular folklore and foraging workshops at Tuppenny Barn Organics and gives talks to local women's institutes and horticultural societies.

A forager by heart, Christine loves nothing better than wandering the hedgerows looking for berries and plants to turn into jams, chutneys, alcohol, crafts and simple remedies. Fascinated by the folklore and superstition connected with wild plants, Christine writes monthly articles for two parish magazines to keep these old ways alive.

Venue: Old School, School Lane, Storrington RH20 4LL.

Members £6. Non Members £8. All welcome



#### Autism and Social Communication Advisory Team

#### Exploring Autism for Parents and Carers

A new and updated programme offering up to date thinking and links to research-based evidence for parent carers of autistic children and young people.



Sessions to explore Autism and strategies to support acceptance, empowerment, and relationships in family life.

Are you a parent/carer of a child or young person, aged 8-16 years, who is autistic or on the social communication pathway and have not attended this course before?

This NEW programme has been redeveloped to ensure that it is current and up to date. The course is an excellent source of information for those new to Autism or for those requiring a little more in-depth knowledge. Parent carers and the facilitators will learn and collaborate together. The programme is free of charge to families of children in West Sussex maintained schools and academies, at this time.

#### Course aims:

- to give a broad and balanced and positive view of how autism and social communication differences may impact on the child/young person's life and that of the family.
- to explore key practical strategies that can support autistic children.
- to provide a forum for families to share their experiences and expertise together.

#### Course outline:

The six sessions will be focused on both theoretical and practical aspects of autism and the resulting strengths and challenges. These recorded sessions can be watched when convenient to the family, followed by the one hour weekly group meeting. This provides opportunity to participate in discussions and ask questions via an online platform. We ask that parents attend each of these weekly online discussion groups.



In order for participants to fully benefit from this course we ask that they attend all sessions.

#### Topics covered by session:

#### Session 1: Autism Acceptance

Develop understanding of autism, discuss experiences of getting a diagnosis and identify how autism can affect families.

#### Session 2: Communication

Develop understanding of communication difficulties and strategies to improve communication and interaction skills for the autistic child/young person.

#### Session 3: Sensory Needs

Consider how sensory information and experiences may be processed differently by those who are autistic, share strategies to help with sensory differences.

#### Session 4: Anxiety

Improve understanding of the signs of distress that autistic young people may display and consider approaches to support self-regulation.

#### Session 5: Social Thinking and Masking

Explore the differences autistic young people may have with socialising and developing relationships. Look at ways to develop social thinking, explore the idea and impact of masking.

#### Session 6: Adolescence and Independence

Consider ways to encourage independence and manage adolescence challenges including puberty, sensory impact and social differences.

#### Exploring Autism Welcome Video: https://voutu.be/JoGPImJH8Ms

#### Dates:

Spring 2: Every Thursday 12-1pm from 22<sup>nd</sup> February to the 28<sup>th</sup> March 2024.

Summer: Every Thursday 6.30-7.30pm from 18th April to the 23th May 2024.

Summer 2: Every Wednesday 1-2pm from 5<sup>th</sup> June – 10<sup>th</sup> July 2024.

Summer Holidays: 6.30-7.30pm Dates TBC

#### For further details please contact:

Email: ASCT@westsussex.gov.uk

Please note there are a limited number of places on this course.





# WEBINARS FOR PARENTS/CARERS

SUPPORTING CHILDREN AND YOUNG PEOPLE WITH THEIR

MENTAL HEALTH

Each webinar will take place on Zoom at 10am and 7pm and will run for 90-120 minutes FREE TO ANY
PARENT/CARER
LIVING IN
SUSSEX

Z2<sup>ND</sup> FEBRUARY

AVOIDANT/RESTRICTIVE FOOD INTAKE DISORDER (ARFID)

· 26TH MARCH

MANAGING CHALLENGING BEHAVIOUR

• 16TH APRIL

BEREAVEMENT

. 15TH MAY

SUPPORTING PRIMARY TO SECONDARY SCHOOL TRANSITION

13<sup>TH</sup> JUNE

SUPPORT FOR KINSHIP CARERS

TBC JULY

CYBER SAFETY





NHS CHARITIES TOGETHER

SUPPORTED BY HEADS ON AND NHS CHARITIES TOGETHER'S COVID APPEAL

### WANT TO BOOK YOUR TICKETS?

Scan here:

•

Or visit:

https://ticketlab.co.uk/series/ id/1206#/

NEED TO GET IN TOUCH?

If you have any questions, please email: CAMHSParticipationTeam@spft.nhs.uk

Delivered by Sussex Child & Adolescent Mental Health Services (CAMHS)