

Thakeham Primary School



60 Active Minutes Plan



Active playtimes

The children have a range of equipment and games offered at playtimes to encourage them to be as active and have as much fun as possible.



Continuous provision

All children in EYFS and KS1 have continuous provision which includes opportunities designed for active movement and gross motor skills.



Movement breaks

All classes have movement breaks to help break up longer stretches of learning or help with transitions between playtimes or assembly.



Daily Mile

The KS2 classes aim to do the daily mile on non-PE days. It takes place on our playground, field or daily mile track.

Sensory Circuits

Some of our children have daily sensory circuits which helps them with transitions so they are ready to learn.

